



California ASCD and Visalia Unified School District Present:
Fostering a Trauma Sensitive Learning Environment — Level 2
 with Presenter Kristin Souers, MA LMHC

Target Audience/s:
 Administrators,
 Counselors, Teachers,
 Health & Community
 Leaders Supporting our
 Schools

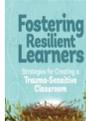
Friday, April 13, 2018
Visalia Unified School District
District Office Room 4
5000 W. Cypress Ave.
Visalia, CA 93277
8:30 a.m. — 3:00 p.m.
Registration includes Lunch



Kristin Souers: For over two decades, she has dedicated herself to the

improvement of people's lives. As a licensed mental health counselor, she has provided counseling services to individuals, couples, and families. With a history of working in the fields of early learning, law enforcement, education, and mental health, she has been able to develop an extensive knowledge base. This, partnered with her expertise in complex trauma, the impact of violence, crisis management, counseling, and trauma-informed practices in a multitude of settings. As an independent consultant and adjunct faculty member at the Gonzaga University School of Education in the Counseling Dept., Kristin now provides critical professional development, consultation, education and training services to schools, school districts, and organizations throughout the country. She has presented to hundreds of audiences, facilitated group learning, supervised internships, directed programs, and supported the learning and growth of countless educators, caregiving professionals, and other individuals.

The award-winning Publication, *"Fostering Resilient Learners: Strategies for Creating A Trauma Sensitive Classroom"* (ASCD 2016) and many articles published in education journals, her most recent *"Responding with Care to Students Facing Trauma"*, (December 2017/January 2018) have strengthened Kristin's impact in education.



Institute Description: Childhood Trauma is real, it is prevalent, and it impacts students, their learning, and the adults in their lives quite significantly. In this engaging, relevant, and practical session, learn from childhood trauma expert Kristin Souers (lead author of best-selling *"Fostering Resilient Learners: Strategies for creating a trauma-sensitive classroom"*- ASCD, 2016) about the importance of trauma informed practices in the school setting. Participants will be introduced to and provided with opportunities to explore more in-depth the importance of fostering a culture of safety, predictability, and consistency; what it truly means to work as a team and address our students collectively; discuss a handful of strategies to support the New Three R's (Relationship, Responsibility, and Regulation); and how to sustain a healthy work-life balance. Attendees will be given opportunities to collaborate and problem-solve scenarios associated with fostering a trauma sensitive environment.

Intended Professional Learning Outcomes:

- ◆ Participants will deepen their understanding of the value of fostering a safe, predictable, and consistent learning environment.
- ◆ Participants will explore multiple strategies for education staff and community members to utilize with children with (known and unknown) trauma histories—helping to sustain learning-ready states.
- ◆ Participants will collaborate to identify ways to support a team approach to addressing students' needs in a strength based way.
- ◆ Participants will reflect on the importance of a healthy work-life balance and its value in fostering and sustaining a trauma sensitive environment.

"Forever Changed Not Forever Damaged"

Level 2/Day 2
 This workshop is for participants who requested additional in-depth content.

Comments from previous workshops:

- ◇ Very practical, useful tool. Great presenter!
- ◇ Great info. The 3 R's, great explanation and ideas on how and why to reconnect with students
- ◇ Most helpful was a deeper understanding of what it means to be trauma informed
- ◇ The validation of the importance of creating safe learning environments while meeting the needs of our students with trauma
- ◇ Tools and strategies that I can implement in my classroom to provide a safe classroom was most helpful
- ◇ The strategies & tools to take back to the staff in regards to helping students with trauma were beneficial



- Kristin Souers -

Fostering a Trauma Sensitive Learning Environment

Level 2—Friday—April 13, 2018 - 8:30 a.m.—3:00 p.m.

Visalia Unified School District, DO4—5000 W. Cypress Ave., Visalia, CA

Registration Includes Lunch

Organization/School: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Contact E-mail: _____

Name _____ Position: _____ Email: _____

Calif. ASCD Member: Non-Member: Team Registration:

Name _____ Position: _____ Email: _____

Calif. ASCD Member: Non-Member: Team Registration:

	Early Bird Discount: By 3/13/2018	After 3/13/2018
CA ASCD Member	\$135	\$155
*Non-member	\$185	\$205
Student Teacher	\$85	\$105
**Teams of 4 or more	\$155 per person	

HOW TO REGISTER:

Online: www.cascd.org—Use your Visa, MasterCard or American Express.

Mail: Send completed form with check or copy of Purchase Order/P.O. Number if not processed yet, to: **CASCD, P.O. Box 1841, Oroville, CA 95965**

Email: Scan and attach registration form(s) to cheryl.casagrande57@gmail.com

Phone: 530-520-9412

(*Includes a one-year membership in CASCD)

California ASCD Mission: Statement

To build the capacity of CA educators to enhance the quality of teaching, learning and leading.

Total Workshop Fees: \$ _____

A \$50 fee will be charged for cancellations made in writing prior to 3/13/18. No refunds will be given after the deadline. Confirmation will be sent via e-mail, to each individual's address, after registrations are processed. If you do not receive a confirmation in a reasonable amount of time, please feel free to contact us at the e-mail below to verify we received it. Registrations may be transferred to another individual by scanning and attaching to an e-mail to cheryl.casagrande57@gmail.com

Payment Information:

(Payment or P.O. or number **MUST** accompany registration form)

____ Check made payable to California ASCD enclosed
____ Purchase order ENCLOSED. Purchase Order #: _____
____ Charge Credit Card: ____ MasterCard ____ VISA ____ AMEX

Account Number: _____ Exp: MM/YR

CCSC/CVC: _____

Name on Credit Card (Please print): _____

Billing Address: _____
City Zip

Signature: _____ Date: _____