

# California ASCD and Fresno County Superintendent of Schools Present: Trauma Informed Practice: Fostering Resilient Learners

**“TRAUMA IS A WORD, NOT A SENTENCE”**

**with Presenter Kristin Souers, MA LMHC**

**Target Audience/s:**  
Administrators,  
Counselors, Teachers,  
Health & Community  
Leaders Supporting our  
Schools

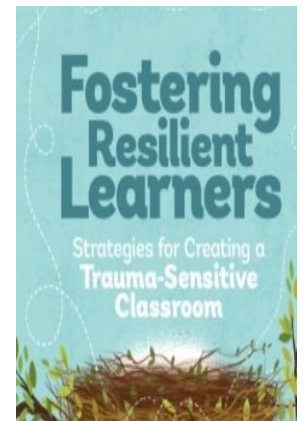
**Monday, March 19, 2018**

**Fresno County  
Superintendent of Schools  
1111 Van Ness Avenue  
Fresno, CA 93721  
8:30 a.m.— 3:00 p.m.**



**K**ristin Souers is a licensed mental health counselor in the State of Washington. She

is an assistant director at Washington State University’s Child and Family Research Unit (CAFRU) in the CLEAR Trauma Center. Kristin also serves as an adjunct faculty member for the Masters of Counseling Psychology Program at Gonzaga University. She is an expert in understanding the impact of trauma on individuals and families and has provided consultation and training on this topic to education and human services systems for more than 20 years. She is the Co-Author of the ASCD Publication *“Fostering Resilient Learners: Strategies for Creating A Trauma-Sensitive Classroom”*.



**Institute Description:** Trauma is real, and it is more prevalent than we might believe. In this engaging, relevant, and practical session, learn from childhood trauma expert Kristin Souers (lead author of *“Fostering Resilient Learners: Strategies for creating a trauma-sensitive classroom”*) about the importance of trauma informed practices in the school setting. Participants will be introduced to and provided with opportunities to reflect on information centered around the role that trauma plays in the school environment; the importance of self-awareness and regulation and strategies to support these in the school setting; the power of relationships and the role they play in the establishment and maintenance of school safety; and the importance of self-care and the need for the professionals to have tools and strategies to support their own health. This professional development experience will emphasize strength-based approaches to use with students, families, fellow faculty, school personnel, and community members.

**Intended Professional Learning Outcomes:**

- ◆ Participants will deepen their understanding of the prevalence of childhood trauma and the impact of trauma and toxic stress on learning and development.
- ◆ Participants will explore multiple strategies for education staff and community members to utilize with children with (known and unknown) trauma histories—helping to sustain learning-ready states.
- ◆ Participants will collaborate to identify best practices associated with trauma-informed care that they can implement into their workplace settings.
- ◆ Participants will reflect on how this information impacts their role and their overall health, collecting several suggestions for self-care and self-awareness



**Comments from previous workshops:**

- ◇ Very practical, useful tool. Great presenter!
- ◇ Great info. The 3 R’s, great explanation and ideas on how and why to reconnect with students
- ◇ Most helpful was a deeper understanding of what it means to be trauma informed
- ◇ The validation of the importance of creating safe learning environments while meeting the needs of our students with trauma
- ◇ Tools and strategies that I can implement in my classroom to provide a safe classroom was most helpful
- ◇ The strategies & tools to take back to the staff in regards to helping students with trauma were beneficial



# - Kristin Souers -

## Trauma Informed Practice: Fostering Resilient Learners

### Monday - March 19, 2018 - 8:30 a.m.—3:00 p.m.

Fresno County Superintendent of Schools, 1111 Van Ness Avenue, Fresno, CA

Organization/School: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Contact E-mail: \_\_\_\_\_

Name \_\_\_\_\_ Position: \_\_\_\_\_ Email: \_\_\_\_\_

Calif. ASCD Member:  Non-Member:  Team Registration:

Name \_\_\_\_\_ Position: \_\_\_\_\_ Email: \_\_\_\_\_

Calif. ASCD Member:  Non-Member:  Team Registration:

	Early Bird Discount: By 2/19/2018	After 2/19/2018
<b>(Parking fee Included)</b>		
CA ASCD Member	<b>\$132</b>	<b>\$152</b>
*Non-member	<b>\$182</b>	<b>\$202</b>
Student Teacher	<b>\$82</b>	<b>\$102</b>
**Teams of 4 or more	<b>\$152 per person</b>	

\*\*Copy as needed for additional attendees

#### HOW TO REGISTER:

**Online:** [www.cascd.org](http://www.cascd.org)—Use your Visa, MasterCard or American Express.

**Mail:** Send completed form with check or copy of Purchase Order/P.O. Number if not processed yet, to: **CASCD, P.O. Box 1841, Oroville, CA 95965**

**Email:** Scan and attach registration form(s) to [cheryl.casagrande57@gmail.com](mailto:cheryl.casagrande57@gmail.com)

**Phone:** 530-520-9412

(\*Includes a one-year membership in CASCD)

California ASCD Mission: Statement

*To build the capacity of CA educators to enhance the quality of teaching, learning and leading.*

**Total Workshop Fees:** \$ \_\_\_\_\_

A \$50 fee will be charged for cancellations made in writing prior to 2/19/18. No refunds will be given after the deadline. Confirmation will be sent via e-mail, to each individual's address, after registrations are processed. If you do not receive a confirmation in a reasonable amount of time, please feel free to contact us at the e-mail below to verify we received it. Registrations may be transferred to another individual by scanning and attaching to an e-mail to [cheryl.casagrande57@gmail.com](mailto:cheryl.casagrande57@gmail.com)

#### Payment Information:

(Payment or P.O. or number **MUST** accompany registration form)

\_\_\_ Check made payable to California ASCD enclosed  
\_\_\_ Purchase order ENCLOSED. Purchase Order #: \_\_\_\_\_  
\_\_\_ Charge Credit Card: \_\_\_ MasterCard \_\_\_ VISA \_\_\_ AMEX

Account Number: \_\_\_\_\_ Exp: MM/YR

CCSC/CVC: \_\_\_\_\_

Name on Credit Card (Please print): \_\_\_\_\_

Billing Address: \_\_\_\_\_  
City Zip

Signature: \_\_\_\_\_ Date: \_\_\_\_\_