

Presenting
Fostering a Trauma Sensitive Learning Environment

Level 2/Day 2: This workshop is for those who have attended Level 1/Day 1 (previously or on October 25th!) and are interested in additional, in-depth content.

with Presenter **Kristin Souers, MA LMHC**

Target Audience/s:
Administrators,
Counselors, Teachers,
Health & Community
Leaders Supporting our
Schools

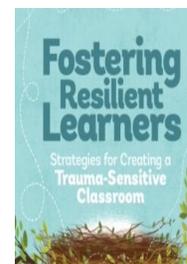
Friday, October 26, 2018

**Yolo Co. Office of Education
1280 Santa Anita Court
Woodland, CA 95776
8:30 a.m. — 3:00 p.m.**



Kristin
Souers:
For
over
two decades, she
has dedicated
herself to the

improvement of people's lives. As a licensed mental health counselor, she has provided counseling services to individuals, couples, and families. With a history of working in the fields of early learning, law enforcement, education, and mental health, she has been able to develop an extensive knowledge base. This, partnered with her expertise in complex trauma, the impact of violence, crisis management, counseling, and trauma-informed practices in a multitude of settings. As an independent consultant and adjunct faculty member at the Gonzaga University School of Education in the Counseling Dept., Kristin now provides critical professional development, consultation, education and training services to schools, school districts, and organizations throughout the country. The award-winning Publication, *"Fostering Resilient Learners: Strategies for Creating A Trauma-Sensitive Classroom"* (ASCD 2016) and many articles published in education journals, her most recent *"Responding with Care to Students Facing Trauma"*, (December 2017/January 2018) have strengthened Kristin's impact in education.



Institute Description: Childhood Trauma is real, it is prevalent, and it impacts students, their learning, and the adults in their lives quite significantly. Participants will be introduced to and provided with opportunities to explore more in-depth the importance of fostering a culture of safety, predictability, and consistency; what it truly means to work as a team and address our students collectively; discuss a handful of strategies to support the New Three R's (Relationship, Responsibility, and Regulation); and how to sustain a healthy work-life balance.

Attendees will be given opportunities to collaborate and problem-solve scenarios associated with fostering a trauma sensitive environment.

Intended Professional Learning Outcomes:

- ◆ Participants will deepen their understanding of the value of fostering a safe, predictable, and consistent learning environment.
- ◆ Participants will explore multiple strategies for education staff and community members to utilize with children with (known and unknown) trauma histories—helping to sustain learning-ready states.
- ◆ Participants will collaborate to identify ways to support a team approach to addressing students' needs in a strength based way.
- ◆ Participants will reflect on the importance of a healthy work-life balance and its value in fostering and sustaining a trauma sensitive environment.

All too often, we reduce students to their experiences and make decisions about their capabilities based on those experiences. Changing our focus enables us to concentrate on nurturing the whole child and creating trauma-sensitive learning environments for all students.

- *"Fostering Resilient Learners"* by Kristin Souers and Pete Hall, Page 16

Comments from previous workshops:

- ◇ Very practical, useful tool. Great presenter!
- ◇ Most helpful was understanding how trauma can affect learning and health
- ◇ All of it was so helpful
- ◇ Most helpful was understanding the brain and how we can apply that understanding to our work
- ◇ Everything was so helpful! It was so great to understand what the biology was behind behavior challenges.
- ◇ Practical content. Balanced theory and practice

- Kristin Souers -

Fostering a Trauma Sensitive Learning Environment

LEVEL 2—Friday—October 26, 2018 - 8:30 a.m.—3:00 p.m.

Yolo County Office of Education, 1280 Santa Anita Court, Woodland, CA

Registration

Organization/School: _____

Address: _____

City: _____

State: _____

Zip: _____

Phone: _____

Contact E-mail: _____

Name

Position:

Email:

Calif. ASCD Member:

Non-Member:

Team Registration:

Name

Position:

Email:

Calif. ASCD Member:

Non-Member:

Team Registration:

Early Bird Discount:

After

By 9/3/2018

9/3/2018

CA ASCD Member

\$150

\$170

Non-Member—with prior approval only to attend Level 2 without attending Level 1

\$200

\$220

Student Teacher

\$95

\$115

****Teams of 4 or more**

\$170 per person

***If you have attended Level 1 you will register as a member for Level 2 (10/26/18) **Copy form as needed for additional attendees**

HOW TO REGISTER:

Online: www.cascd.org—Use your Visa, MasterCard or American Express.

Mail: Send completed form with check or copy of Purchase Order/P.O. Number if not processed yet, to: **CASCD, P.O. Box 1841, Oroville, CA 95965**

Email: Scan and attach registration form(s) to cheryl.casagrande57@gmail.com

Phone: 530-520-9412

Payment Information:

(Payment or P.O. or number **MUST** accompany registration form)

____ Check made payable to California ASCD enclosed

____ Purchase order ENCLOSED. Purchase Order #: _____

____ Charge Credit Card: ____ MasterCard ____ VISA ____ AMEX

Account Number: _____

CCSC/CVC: _____

Exp: MM/YR

Name on Credit Card (Please print): _____

Billing Address: _____

City

Zip

Signature: _____

Date: _____

California ASCD Mission: Statement

To build the capacity of CA educators to enhance the quality of teaching, learning and leading.

Total Workshop Fees: \$ _____

A \$50 fee will be charged for cancellations made in writing prior to 9/3/18. No refunds will be given after the deadline. Confirmation will be sent via e-mail, to each individual's address, after registrations are processed. If you do not receive a confirmation in a reasonable amount of time, please feel free to contact us at the e-mail below to verify we received it. Registrations may be transferred to another individual by scanning and attaching to an e-mail to cascd@cascd.org or cheryl.casagrande57@gmail.com