



California ASCD and Visalia Unified School District Present:
Trauma Informed Practice: Fostering Resilient Learners—Level 1

“TRAUMA IS A WORD, NOT A SENTENCE”

with Presenter **Kristin Souers, MA LMHC**

Target Audience/s:
 Administrators,
 Counselors, Teachers,
 Health & Community
 Leaders Supporting our
 Schools

Thursday, April 12, 2018
Visalia Unified School District
District Office Room 4
5000 W. Cypress Ave.
Visalia, CA 93277
8:30 a.m.— 3:00 p.m.
Lunch Included with Registration



Kristin Souers:
 For over two decades, she has dedicated herself to the

improvement of people’s lives. As a licensed mental health counselor, she has provided counseling services to individuals, couples, and families. With a history of working in the fields of early learning, law enforcement, education, and mental health, she has been able to develop an extensive knowledge base. This, partnered with her expertise in complex trauma, the impact of violence, crisis management, counseling, and trauma-informed practices in a multitude of settings. As an independent consultant and adjunct faculty member at the Gonzaga University School of Education in the Counseling Dept., Kristin now provides critical professional development, consultation, education and training services to schools, school districts, and organizations throughout the country. She has presented to hundreds of audiences, facilitated group learning, supervised internships, directed programs, and supported the learning and growth of countless educators, caregiving professionals, and other individuals.

The award-winning Publication, *“Fostering Resilient Learners: Strategies for Creating A Trauma -Sensitive Classroom”* (ASCD 2016) and many articles published in education journals, her most recent *“Responding with Care to Students Facing Trauma”*, (December 2017/January 2018) have strengthened Kristin’s impact in education.

Institute Description: Trauma is real, and it is more prevalent than we might believe. In this engaging, relevant, and practical session, learn from childhood trauma expert Kristin Souers (lead author of *“Fostering Resilient Learners: Strategies for creating a trauma-sensitive classroom”*) about the importance of trauma informed practices in the school setting. Participants will be introduced to and provided with opportunities to reflect on information centered around the role that trauma plays in the school environment; the importance of self-awareness and regulation and strategies to support these in the school setting; the power of relationships and the role they play in the establishment and maintenance of school safety; and the importance of self-care and the need for the professionals to have tools and strategies to support their own health. This professional development experience will emphasize strength-based approaches to use with students, families, fellow faculty, school personnel, and community members.

Intended Professional Learning Outcomes:

- ◆ Participants will deepen their understanding of the prevalence of childhood trauma and the impact of trauma and toxic stress on learning and development.
- ◆ Participants will explore multiple strategies for education staff and community members to utilize with children with (known and unknown) trauma histories—helping to sustain learning-ready states.
- ◆ Participants will collaborate to identify best practices associated with trauma-informed care that they can implement into their workplace settings.
- ◆ Participants will reflect on how this information impacts their role and their overall health, collecting several suggestions for self-care and self-awareness

“Forever Changed Not Forever Damaged”

Comments from previous workshops:

- ◇ Very practical, useful tool. Great presenter!
- ◇ Great info. The 3 R’s, great explanation and ideas on how and why to reconnect with students
- ◇ Most helpful was a deeper understanding of what it means to be trauma informed
- ◇ The validation of the importance of creating safe learning environments while meeting the needs of our students with trauma
- ◇ Tools and strategies that I can implement in my classroom to provide a safe classroom was most helpful
- ◇ The strategies & tools to take back to the staff in regards to helping students with trauma were beneficial

Level 1/Day 1
 This is for first time participants.
Level 2/Day 2
 This workshop is for participants who requested additional in-depth content.



- Kristin Souers -

Trauma Informed Practice: Fostering Resilient Learners

Level 1—Thursday - April 12, 2018 - 8:30 a.m.—3:00 p.m.
(Level 2 on April 13, 2018 is a separate registration)

Visalia Unified School District, DO4 - 5000 W. Cypress Ave., Visalia, CA

Registration Includes Lunch

Organization/School: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Contact E-mail: _____

Name _____ Position: _____ Email: _____

Calif. ASCD Member: Non-Member: Team Registration:

Name _____ Position: _____ Email: _____

Calif. ASCD Member: Non-Member: Team Registration:

	Early Bird Discount:	After
	By 3/12/2018	3/12/2018

HOW TO REGISTER:

Online: www.cascd.org—Use your Visa, MasterCard or American Express.

Mail: Send completed form with check or copy of Purchase Order/P.O. Number if not processed yet, to: **CASCD, P.O. Box 1841, Oroville, CA 95965**

Email: Scan and attach registration form(s) to cheryl.casagrande57@gmail.com

Phone: 530-520-9412

(*Includes a one-year membership in CASCD)

California ASCD Mission: Statement

To build the capacity of CA educators to enhance the quality of teaching, learning and leading.

Total Workshop Fees: \$ _____

A \$50 fee will be charged for cancellations made in writing prior to 3/12/18. No refunds will be given after the deadline. Confirmation will be sent via e-mail, to each individual's address, after registrations are processed. If you do not receive a confirmation in a reasonable amount of time, please feel free to contact us at the e-mail below to verify we received it. Registrations may be transferred to another individual by scanning and attaching to an e-mail to cheryl.casagrande57@gmail.com

CA ASCD Member

\$130

\$150

*Non-member

\$185

\$205

Student Teacher

\$85

\$105

**Teams of 4 or more

\$150 per person

****Copy as needed for additional attendees**

Payment Information:

(Payment or P.O. or number **MUST** accompany registration form)

___ Check made payable to California ASCD enclosed

___ Purchase order ENCLOSED. Purchase Order #: _____

___ Charge Credit Card: ___ MasterCard ___ VISA ___ AMEX

Account Number: _____

Exp: MM/YR

CCSC/CVC: _____

Name on Credit Card (Please print): _____

Billing Address: _____

City _____ Zip _____

Signature: _____

Date: _____